



Workshop Descriptions

The Admissions Process: Step by Step

Find out the steps, deadlines, and details (including what happens after you hit “Submit”), with tips for approaching the process with confidence and staying on track.

Apprenticeships

There are nearly 700 active apprentices in Vermont in more than 25 different occupations. Come hear directly from the Vermont Department of Labor, current apprentices, and employees about their experiences and how to get involved.

Campus Support for Students with Disabilities

Students with disabilities often need to advocate for themselves once they arrive at college. We'll review the federal laws that require accommodations at the college level and explain how to take advantage of the student support services on many campuses. You'll find out which questions to ask as you visit colleges and their websites so you can feel more confident when deciding where to apply.

The College Search: Finding the Right Fit

Learn what to consider and tools to use as you create a college list that matches your needs.

Financial Aid & Managing College Costs

Find out how families cover college costs. We'll explain:

- the types of financial aid available (grants, scholarships, loans)
- the basics of financial aid applications
- ways to compare college costs before you apply

Intercollegiate Sports & the College Search

Gain a better understanding of the options to participate on an intercollegiate team, and the NCAA eligibility process and requirements. Learn about the differences between various NCAA divisions and initial eligibility requirements, the process of recruitment and athletic scholarships, and the ways you can support your student as he or she searches for the best collegiate academic and athletic fit.

Keep Calm and Prepare for the First Year of College

The transition to college is one of those big life moments. Moving through it with some tools, understanding, and tricks of the trade can make a difference for you and your student. Join other families as we talk about navigating through this exciting and uncharted time for you and your child.

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Making the Most of College: Internships, Co-ops & Study Abroad

Learn about how to take advantage of opportunities like internships, co-ops, clubs, research, and study abroad during college to enhance your career readiness after graduation.

Managing Your \$\$\$: Tips for Students

As you head off to college or into the workforce, you'll be taking on greater responsibility for managing your money. Come learn about how to start off right for a financially successful future.

Pathways to Great Careers—Without a College Degree

Vermont is full of professional training opportunities that will help you move toward a great career right out of high school. Learn about the range of programs that exist and how to take advantage of them.

Save Money with College During High School

Learn about the options Vermont students have for jump-starting college while in high school: dual enrollment, early college courses, technical centers, the VAST program, and the Intro to College & Careers program at Community College of Vermont.

Scholarships

Learn how to find and apply for local, state, and national scholarships.

Strategies for the SAT & ACT

Get “best practice” strategies for each test from a professional private test prep tutor and come away with free test-prep resources so you'll be better prepared.

Understanding Award Letters and How to Fill the Gap

Note: This workshop is only being offered at St Michael's College.

Every financial aid award letter is different. We'll help you:

- review sample award letters
- learn how to understand, compare, and contrast offers
- discuss loan options for filling the gap between costs and awards

Vermont Career Outlook

What careers and skill sets will be in demand as you enter the workforce? Learn about current economic conditions in Vermont, including employment by industry, occupational trends, and skills in demand.

Writing the Admission Essay

Find out what colleges look for in the admissions essay and discover how to craft an essay that sets you apart.

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