

GEAR UP 4 LA
 Unit Plan for GROWTH MINDSET FOR PARENTS
 NCCEP Conference February 2017

Week 1	Week 2	Week 3	Week 4
<p>Objective</p> <ul style="list-style-type: none"> To develop an understanding of Growth and Fixed mindset 	<p>Objective</p> <ul style="list-style-type: none"> To develop an understanding of the parents role in communicating growth mindset to their parents 	<p>Objective</p> <ul style="list-style-type: none"> To understand the impact of parents words on their children and learn about the two types of praise 	<p>Objective</p> <ul style="list-style-type: none"> To create parents own understanding of what Growth Mindset means to them and celebrate their success
<p>Connection Activity</p> <ul style="list-style-type: none"> Continuum -adapted from https://www.mindsetkit.org/growth-mindset-parents/learn 	<p>Connection Activity</p> <ul style="list-style-type: none"> Remember a Challenge 	<p>Connection Activity</p> <ul style="list-style-type: none"> Why was I successful? 	<p>Connection Activity</p> <ul style="list-style-type: none"> Learning Web (adapted from here http://www.createyouthideas.com/resources/iceb)

<p><u>-about-growth-mindset/reflection-on-your-beliefs</u></p>			<p><u>reakers/connected/</u></p>
<p>Content</p> <ul style="list-style-type: none"> • What Affects Student Achievement • Defining growth and fixed Mindsets (- adapted from <u>https://www.mindsetkit.org/topics/about-growth-mindset/what-is-growth-mindset</u>) 	<p>Content</p> <ul style="list-style-type: none"> • Differentiating Mindset -adapted from <u>https://www.mindsetkit.org/growth-mindset-parents/how-parents-can-instill-growth-mindset/activity-practicing-process-praise</u> • <u>http://www.usnews.com/news/articles/2015/11/23/teachers-parents-often-misuse-growth-mindset-research-carol-dweck-says</u> 	<p>Content</p> <ul style="list-style-type: none"> • Praise as motivation • How growth mindset praises the process not the person 	<p>Content</p> <ul style="list-style-type: none"> • What does growth mindset look like in your home- (Chart paper activity to redefine their understanding of growth mindset and their role as a parent)
<p>Practice</p> <ul style="list-style-type: none"> • Work with a partner to 	<p>Practice</p> <ul style="list-style-type: none"> • Role playing scenarios – use GU scenarios and look 	<p>Practice</p> <ul style="list-style-type: none"> • Dos and don'ts of praise (based on 	<p>Practice</p> <ul style="list-style-type: none"> • Certificates and party!

<p>identify growth and fixed mindset statements (based on video: https://www.mindsetkit.org/topics/about-growth-mindset/what-is-growth-mindset)</p>	<p>here (http://www.teambath.com/wp-content/uploads/2011/07/Understanding-mindsets-scenarios-you-may-encounter.pdf)</p>	<p>https://www.mindsetkit.org/topics/praise-process-not-person/dos-donts-of-praise)</p> <ul style="list-style-type: none"> • Non-cognitive strategies (based on https://consortium.uchicago.edu/publications/teaching-adolescents-become-learners-role-noncognitive-factors-shaping-school) 	
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Resources we have used:

www.mindsetkit.org

<https://consortium.uchicago.edu/publications/teaching-adolescents-become-learners-role-noncognitive-factors-shaping-school>