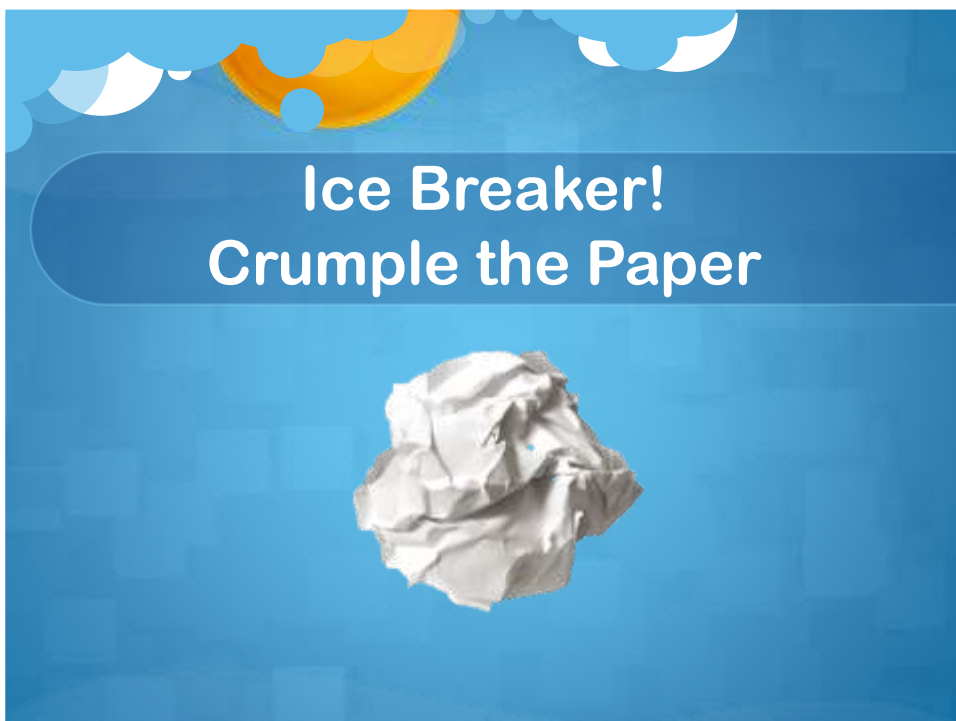





Growth Mindset:
What do mistakes teach us?

This slide features a blue background with a pattern of light blue squares. At the top, there are stylized white and blue clouds and a large yellow sun. A dark blue banner with rounded ends contains the text 'Growth Mindset:' in white. Below it, a lighter blue banner contains the question 'What do mistakes teach us?' in white.



Ice Breaker!
Crumple the Paper



This slide features a blue background with a pattern of light blue squares. At the top, there are stylized white and blue clouds and a large yellow sun. A dark blue banner with rounded ends contains the text 'Ice Breaker!' in white. Below it, a lighter blue banner contains the text 'Crumple the Paper' in white. In the center of the slide is a realistic image of a crumpled ball of white paper.

Trace the lines....



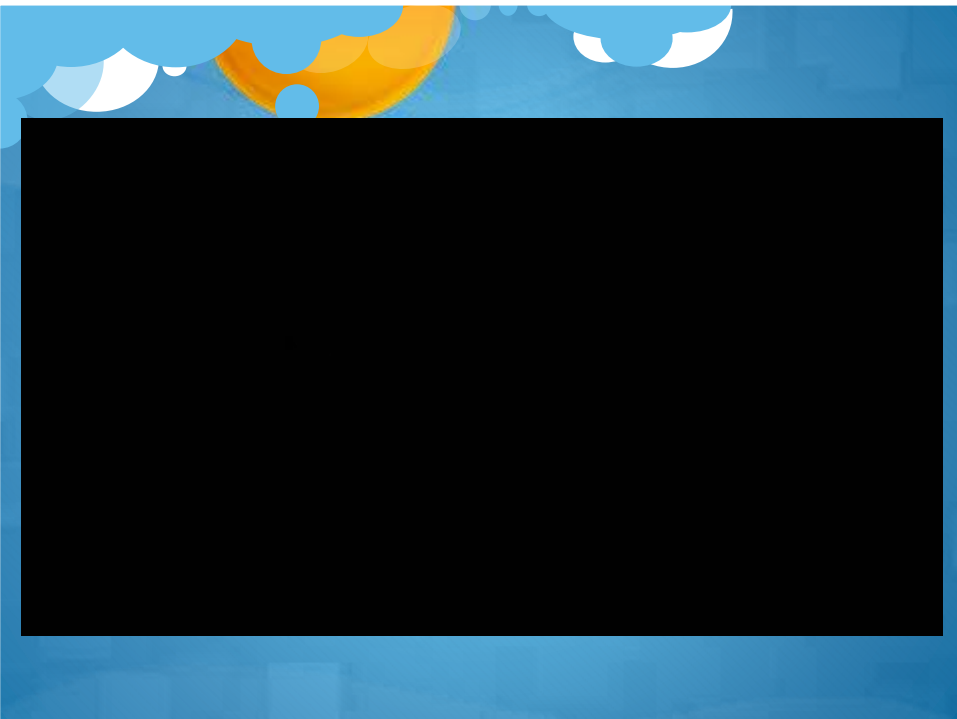
Throw it at the wall!!!





Think about...

- What does the crumpled paper represent?
- What kind of feelings do we get from making mistakes?
- What does this activity teach us?
- Think about a time when you made a mistake.
 - Did you have a growth mindset? A fixed mindset?





Debrief Question:

What did the crumpled/synaptic activity and video reveal about intelligence?



Make your Spectrum!

Reflecting on yourself...

Create your Spectrum

Challenges

Feedback

Effort

Goals

Success of Others

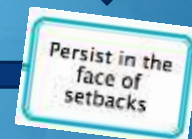
How would someone with a fixed mindset view these? Growth Mindset?
Create your spectrum with the extremes of the two view points.

Example: Obstacles

Fixed Mindset



Growth Mindset



Based on your topic, think of a specific example and answer the following...

- Being as sincere as possible, where do you feel you fall on the spectrum?
 - If you fall short on the spectrum, what can you do to develop a stronger growth mindset?
 - If you are on the positive end of the spectrum, how can you help motivate your peers to have more of a growth mindset?
- Where do you feel your peers generally fall on the spectrum?

Let's Share!





Materials Adapted from

Mindset Kit:

<https://www.mindsetkit.org/topics/celebrate-mistakes/downloadable-activity-ideas>

Growth/Fixed Mindset Spectrum:

<http://educatoral.com/Afl/fixed-growth.png>