

Parent Workshop Sequence

The Center for College Access and Success's Parent Program involves parents in the multi-faceted process of guiding and supporting their children's academic success. The Parent Workshop Sequence consists of interactive and participatory workshops that build a foundation for college readiness for families. The Parent Program involvement and engagement model offers many avenues of involvement for parents and is customized to target the stated needs of the parent communities the Center for College Access and Success serves. The workshop strand promotes personal skills development for parents leading to the preparation and support of children's academic aspirations.

Achieving Personal and Family Goal Setting for Academic Success workshops lay the groundwork to set high academic standards and expectations for children. Workshops include:

- *The 7 Habits of Highly Effective Families
- *Goal Setting
- *Adolescent Development
- *True Colors
- *Kids at Hope
- *Communicating with Teens

Building Knowledge About the School System and College Readiness assists parents to understand the importance of high school achievement and sets the stage for college readiness benchmarks and understanding the benefits of attaining a college degree. Workshops include:

- *Why School Attendance Matters
- *Understanding GPA
- *High School Selection
- *Understanding the US School System
- *Transition to High School
- *Importance of Being a Freshman on Track
- *Understanding Standardized Tests
- *Financial Planning for College

Securing Resources for Successful College Acceptance workshops focus on concrete steps making college real for children and preparing parents for the reality of sending their children to college-financially and emotionally. Workshops include:

- *Financial Aid (including FAFSA)
- *College Fairs
- *College Application Process
- *College Visits,
- *Selecting the Best Match and Fit College
- *Preparing for the College Experience

Computer Literacy workshops help parents to use and master the computer so they can navigate online academic, college and career, and social-emotional tools to assist their children to enhance academic achievement and become college ready. Workshops include:

- *Learn to Use Computers
- *Navigate the Internet
- *Learn and master CPS Parent Portal
- *Use Online College Sites and Tools

Overcoming the Barriers to Academic Success in our Communities workshops allow parents to explore their own skills enhancement; provide tips for guiding children's development; and offer strategies to overcome the barriers that can prevent children from attending college. Workshops include:

- *Book Clubs
- *Gang and Violence Prevention
- *Walks for Success
- *Dropout Prevention

Parents have become so convinced that educators know what's best for their children that they forget that they themselves are really the experts. - Marian Wright Edelman